

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Coachinfo: Warming up from: 17:00 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Defoin Steven

Coaches: Appeltans Ruth

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 18:00
Heat: 1/1 Lane : 8 Athlete: THYS LUCIE					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+					Heat:1, starttime: 18:03
Heat: 1/6 Lane : 7 Athlete: WANTEN LAURA					Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time			
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+					Heat:3, starttime: 18:06
Heat: 3/6 Lane : 2 Athlete: DAS AMELIE					Q-time: 00:38:76
PB (25m pool): 00:47.04 De Sprink 22/12/2024		PB (50m pool): 00:38.76 SB: no time			
	2 5 M	5 0 M			
PB		00:47.04			
	00:47.04				
					

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 18:07
Heat: 4/6 Lane : 3 Athlete: VERLINDEN ALINA			Q-time: 00:35:20
PB (25m pool): 00:35.20 Hasselt 12/10/2025			PB (50m pool): 00:36.11 SB: 00:35.20 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:35.20	
		00:35.20	
	.	.	

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 18:08
Heat: 5/6 Lane : 4 Athlete: DAS LOUISE			Q-time: 00:33:55
PB (25m pool): 00:33.55 Hasselt 12/10/2025			PB (50m pool): 00:35.82 SB: 00:33.55 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:33.55	
		00:33.55	
	.	.	

Coach feedback:

Event number: 2: 50M BUTTERFLY WOMEN 11+			Heat:6, starttime: 18:10
Heat: 6/6 Lane : 1 Athlete: MERGEAY OLIVIA			Q-time: 00:32:41
PB (25m pool): 00:31.94 3500 Hasselt 20/10/2024			PB (50m pool): 00:31.25 SB: no time
	2 5 M	5 0 M	
PB		00:31.94	
		00:31.94	
	.	.	

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 18:11
Heat: 1/8 Lane : 4 Athlete: DELSIENE STAN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
	.	.	

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 18:11
Heat: 1/8 Lane : 5 Athlete: VRANKEN IAN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:1, starttime: 18:11
Heat: 1/8 Lane : 6 Athlete: VANSTRAELEN JULIAN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:2, starttime: 18:13
Heat: 2/8 Lane : 1 Athlete: PUTTEMANS JULES			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 18:14
Heat: 3/8 Lane : 5 Athlete: VERSLUYS JULES			Q-time: 00:42:60
PB (25m pool): 00:42.60 Hasselt 04/05/2025 PB (50m pool): 00:40.97 SB: no time			
	2 5 M	5 0 M	
PB		00:42.60	
	00:42.60		
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 18:16
Heat: 5/8 Lane : 1 Athlete: PIRARD DRIEK			Q-time: 00:36:46
PB (25m pool): 00:36.46 Temse 17/11/2025			PB (50m pool): 00:35.90 SB: 00:36.46 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:36.46	
		00:36.46	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 18:16
Heat: 5/8 Lane : 6 Athlete: THYS VINCE			Q-time: 00:36:03
PB (25m pool): 00:36.03 Temse 17/11/2025			PB (50m pool): 00:35.07 SB: 00:36.03 Temse 17/11/2025
	2 5 M	5 0 M	
PB		00:36.03	
		00:36.03	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 18:18
Heat: 6/8 Lane : 1 Athlete: RUYMEN SIEBE			Q-time: 00:33:63
PB (25m pool): 00:41.16 3500 Hasselt 28/04/2024			PB (50m pool): 00:30.84 SB: no time
	2 5 M	5 0 M	
PB		00:41.16	
		00:41.16	
			

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+			Heat:6, starttime: 18:18
Heat: 6/8 Lane : 8 Athlete: WERY MILAN			Q-time: 00:33:74
PB (25m pool): 00:45.98 Beringen 03/03/2024			PB (50m pool): 00:33.71 SB: no time
	2 5 M	5 0 M	
PB		00:45.98	
		00:45.98	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 3: 50M BUTTERFLY MEN 11+				Heat:7, starttime: 18:19
Heat: 7/8 Lane : 3 Athlete: VANDEPOEL QUINTEN				Q-time: 00:29:45
PB (25m pool): 00:30.12 Diksmuide 17/11/2024				PB (50m pool): 00:29.45 SB: no time
	2 5 M	5 0 M		
PB		00:30.12		
	00:30.12			
				

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+				Heat:7, starttime: 18:19
Heat: 7/8 Lane : 8 Athlete: JAMAR KAMIEL				Q-time: 00:31:98
PB (25m pool): 00:31.98 Temse 17/11/2025				PB (50m pool): 00:32.76 SB: 00:31.98 Temse 17/11/2025
	2 5 M	5 0 M		
PB		00:31.98		
	00:31.98			
				

Coach feedback:

Event number: 4: 100M BACKSTROKE MIXED 10-9					Heat:1, starttime: 18:31
Heat: 1/2 Lane : 3 Athlete: NIJSSENS ROSANNA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 4: 100M BACKSTROKE MIXED 10-9					Heat:2, starttime: 18:34
Heat: 2/2 Lane : 5 Athlete: NEVEN MORRIS					Q-time: 01:33:57
PB (25m pool): 01:33.57 Lommel 22/02/2026					PB (50m pool): no time SB: 01:33.57 Lommel 22/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.21		01:33.57	
	00:45.21		00:48.36		
					

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:1, starttime: 18:37
Heat: 1/7 Lane : 5 Athlete: WANTEN LAURA			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:3, starttime: 18:41
Heat: 3/7 Lane : 4 Athlete: DAS AMELIE			Q-time: 00:42:35
PB (25m pool): 00:45.36 Sint-Truiden 17/03/2024			PB (50m pool): 00:42.35 SB: no time
	2 5 M	5 0 M	
PB		00:45.36	
	00:45.36		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 18:46
Heat: 6/7 Lane : 8 Athlete: VERLINDEN ALINA			Q-time: 00:37:45
PB (25m pool): 00:41.47 Bree 16/10/2022			PB (50m pool): 00:36.45 SB: no time
	2 5 M	5 0 M	
PB		00:41.47	
	00:41.47		
			

Coach feedback:

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 18:48
Heat: 7/7 Lane : 2 Athlete: MERGEAY OLIVIA			Q-time: 00:34:10
PB (25m pool): 00:32.91 3500 Hasselt 20/10/2024			PB (50m pool): 00:34.64 SB: 00:34.10 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:32.91	
	00:32.91		
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 5: 50M BACKSTROKE WOMEN 11+			Heat:7, starttime: 18:48
Heat: 7/7 Lane : 6 Athlete: DAS LOUISE			Q-time: 00:33:83
PB (25m pool): 00:33.83 Hasselt 12/10/2025			PB (50m pool): 00:34.17 SB: 00:33.83 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:33.83	
		00:33.83	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 18:49
Heat: 1/8 Lane : 1 Athlete: VANSTRAELEN JULIAN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 18:49
Heat: 1/8 Lane : 2 Athlete: PUTTEMANS JULES			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 18:49
Heat: 1/8 Lane : 3 Athlete: DELSIENE STAN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 18:49
Heat: 1/8 Lane : 4 Athlete: VRANKEN IAN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 18:55
Heat: 4/8 Lane : 5 Athlete: PIRARD DRIEK			Q-time: 00:39:53
PB (25m pool): no time PB (50m pool): 00:39.53 SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 18:56
Heat: 5/8 Lane : 1 Athlete: THYS VINCE			Q-time: 00:39:38
PB (25m pool): 00:39.38 Hasselt 04/05/2025 PB (50m pool): 00:41.26 SB: no time			
	2 5 M	5 0 M	
PB		00:39.38	
	00:39.38		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 18:56
Heat: 5/8 Lane : 5 Athlete: VERSLUYS JULES			Q-time: 00:38:19
PB (25m pool): 00:43.40 3500 Hasselt 28/04/2024 PB (50m pool): 00:38.19 SB: no time			
	2 5 M	5 0 M	
PB		00:43.40	
	00:43.40		
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 18:58
Heat: 6/8 Lane : 3 Athlete: RUYMEN SIEBE			Q-time: 00:35:07
PB (25m pool): no time			PB (50m pool): 00:35.02 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 18:58
Heat: 6/8 Lane : 8 Athlete: WERY MILAN			Q-time: 00:37:11
PB (25m pool): no time			PB (50m pool): 00:35.36 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:7, starttime: 19:00
Heat: 7/8 Lane : 5 Athlete: JAMAR KAMIEL			Q-time: 00:33:89
PB (25m pool): 00:33.89 Hasselt 12/10/2025			PB (50m pool): 00:33.75 SB: 00:33.89 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:33.89	
	00:33.89		
			

Coach feedback:

Event number: 6: 50M BACKSTROKE MEN 11+			Heat:8, starttime: 19:01
Heat: 8/8 Lane : 6 Athlete: VANDEPOEL QUINTEN			Q-time: 00:31:38
PB (25m pool): 00:32.33 Sportoase 23/12/2023			PB (50m pool): 00:31.38 SB: no time
	2 5 M	5 0 M	
PB		00:32.33	
	00:32.33		
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 7: 100M MEDLEY MIXED 10-9					Heat:1, starttime: 19:23
Heat: 1/1 Lane : 5 Athlete: THYS LUCIE					Q-time: 01:56:91
PB (25m pool): 01:56.91 Beringen 08/02/2026					PB (50m pool): no time SB: 01:56.91 Beringen 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:56.91	
	no time				
					

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 19:27
Heat: 2/7 Lane : 1 Athlete: WANTEN LAURA					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 19:29
Heat: 3/7 Lane : 8 Athlete: DAS AMELIE					Q-time: 00:53:53
PB (25m pool): 00:57.03 De Sprink 22/12/2024					PB (50m pool): 00:53.53 SB: no time
	2 5 M	5 0 M			
PB		00:57.03			
	00:57.03				
					

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+					Heat:5, starttime: 19:31
Heat: 5/7 Lane : 3 Athlete: VERLINDEN ALINA					Q-time: 00:43:67
PB (25m pool): 00:43.67 Hasselt 04/05/2025					PB (50m pool): 00:44.57 SB: no time
	2 5 M	5 0 M			
PB		00:43.67			
	00:43.67				
					

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 19:33
Heat: 6/7 Lane : 7 Athlete: DAS LOUISE			Q-time: 00:42:58
PB (25m pool): 00:48.00 Bree 18/02/2024			PB (50m pool): 00:39.71 SB: no time
	2 5 M	5 0 M	
PB		00:48.00	
		00:48.00	
			

Coach feedback:

Event number: 8: 50M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 19:34
Heat: 7/7 Lane : 7 Athlete: MERGEAY OLIVIA			Q-time: 00:40:07
PB (25m pool): 00:40.07 Hasselt 12/10/2025			PB (50m pool): 00:41.82 SB: 00:40.07 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:40.07	
		00:40.07	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:1, starttime: 19:36
Heat: 1/8 Lane : 5 Athlete: VANSTRAELEN JULIAN			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 19:37
Heat: 2/8 Lane : 2 Athlete: PUTTEMANS JULES			Q-time: 00:59:66
PB (25m pool): 00:59.66 Lommel 22/02/2026			PB (50m pool): no time SB: 00:59.66 Lommel 22/02/2026
	2 5 M	5 0 M	
PB		00:59.66	
		00:59.66	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:2, starttime: 19:37
Heat: 2/8 Lane : 7 Athlete: VRANKEN IAN			Q-time: 01:01:81
PB (25m pool): 01:01.81 Lommel 22/02/2026			PB (50m pool): no time SB: 01:01.81 Lommel 22/02/2026
	2 5 M	5 0 M	
PB		01:01.81	
		01:01.81	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:3, starttime: 19:39
Heat: 3/8 Lane : 8 Athlete: DELSIENE STAN			Q-time: 00:52:09
PB (25m pool): 00:52.09 Lommel 22/02/2026			PB (50m pool): no time SB: 00:52.09 Lommel 22/02/2026
	2 5 M	5 0 M	
PB		00:52.09	
		00:52.09	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:4, starttime: 19:40
Heat: 4/8 Lane : 4 Athlete: WERY MILAN			Q-time: 00:43:77
PB (25m pool): no time			PB (50m pool): 00:43.77 SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:4, starttime: 19:40
Heat: 4/8 Lane : 5 Athlete: VERSLUYS JULES			Q-time: 00:44:32
PB (25m pool): 00:44.32 Hasselt 04/05/2025			PB (50m pool): 00:45.95 SB: no time
	2 5 M	5 0 M	
PB		00:44.32	
		00:44.32	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:5, starttime: 19:41
Heat: 5/8 Lane : 1 Athlete: RUYMEN SIEBE			Q-time: 00:43:15
PB (25m pool): no time PB (50m pool): 00:43.15 SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:5, starttime: 19:41
Heat: 5/8 Lane : 2 Athlete: THYS VINCE			Q-time: 00:43:09
PB (25m pool): 00:43.09 Hasselt 04/05/2025 PB (50m pool): 00:45.07 SB: no time			
	2 5 M	5 0 M	
PB		00:43.09	
	00:43.09		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:5, starttime: 19:41
Heat: 5/8 Lane : 5 Athlete: JAMAR KAMIEL			Q-time: 00:40:96
PB (25m pool): 00:41.41 De Sprink 22/12/2024 PB (50m pool): 00:40.96 SB: no time			
	2 5 M	5 0 M	
PB		00:41.41	
	00:41.41		
			

Coach feedback:

Event number: 9: 50M BREASTSTROKE MEN 11+			Heat:5, starttime: 19:41
Heat: 5/8 Lane : 7 Athlete: PIRARD DRIEK			Q-time: 00:43:11
PB (25m pool): 00:43.11 Hasselt 04/05/2025 PB (50m pool): 00:42.39 SB: no time			
	2 5 M	5 0 M	
PB		00:43.11	
	00:43.11		
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 9: 50M BREASTSTROKE MEN 11+				Heat:7, starttime: 19:44
Heat: 7/8 Lane : 4 Athlete: VANDEPOEL QUINTEN				Q-time: 00:36:07
PB (25m pool): 00:47.72 Bree 24/10/2021				PB (50m pool): 00:36.07 SB: no time
	2 5 M	5 0 M		
PB		00:47.72		
	00:47.72			
				

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 19:59
Heat: 2/2 Lane : 1 Athlete: NIJSSENS ROSANNA					Q-time: 01:32:84
PB (25m pool): 01:32.84 Beringen 08/02/2026					PB (50m pool): no time SB: 01:32.84 Beringen 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.42		01:32.84	
	00:44.42		00:48.42		
					

Coach feedback:

Event number: 10: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 19:59
Heat: 2/2 Lane : 8 Athlete: NEVEN MORRIS					Q-time: 01:38:44
PB (25m pool): 01:38.44 Beringen 08/02/2026					PB (50m pool): no time SB: 01:38.44 Beringen 08/02/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.59		01:38.44	
	00:39.59		00:58.85		
					

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+				Heat:3, starttime: 20:04
Heat: 3/7 Lane : 3 Athlete: WANTEN LAURA				Q-time: 00:34:93
PB (25m pool): 00:34.93 Beringen 08/02/2026				PB (50m pool): no time SB: 00:34.93 Beringen 08/02/2026
	2 5 M	5 0 M		
PB		00:34.93		
	00:34.93			
				

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 20:05
Heat: 4/7 Lane : 1 Athlete: DAS AMELIE			Q-time: 00:34:34
PB (25m pool): 00:34.34 Beringen 08/02/2026			PB (50m pool): 00:39.73 SB: 00:34.34 Beringen 08/02/2026
	2 5 M	5 0 M	
PB		00:34.34	
		00:34.34	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 20:06
Heat: 5/7 Lane : 3 Athlete: DAS LOUISE			Q-time: 00:32:05
PB (25m pool): 00:32.05 Beringen 16/03/2025			PB (50m pool): 00:30.14 SB: no time
	2 5 M	5 0 M	
PB		00:32.05	
		00:32.05	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:6, starttime: 20:07
Heat: 6/7 Lane : 2 Athlete: VERLINDEN ALINA			Q-time: 00:31:37
PB (25m pool): 00:31.37 Beringen 08/02/2026			PB (50m pool): 00:31.53 SB: 00:31.37 Beringen 08/02/2026
	2 5 M	5 0 M	
PB		00:31.37	
		00:31.37	
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 11+			Heat:7, starttime: 20:08
Heat: 7/7 Lane : 1 Athlete: MERGEAY OLIVIA			Q-time: 00:29:47
PB (25m pool): 00:28.99 Tienen 26/12/2023			PB (50m pool): 00:29.24 SB: no time
	2 5 M	5 0 M	
PB		00:28.99	
		00:28.99	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 12: 50M FREESTYLE MEN 11+			Heat:1, starttime: 20:10
Heat: 1/8 Lane : 2 Athlete: PUTTEMANS JULES			Q-time: 00:52:95
PB (25m pool): 00:52.95 Beringen 08/02/2026			PB (50m pool): no time SB: 00:52.95 Beringen 08/02/2026
	2 5 M	5 0 M	
PB		00:52.95	
		00:52.95	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:1, starttime: 20:10
Heat: 1/8 Lane : 3 Athlete: DELSIENE STAN			Q-time: 00:44:28
PB (25m pool): 00:44.28 Beringen 08/02/2026			PB (50m pool): no time SB: 00:44.28 Beringen 08/02/2026
	2 5 M	5 0 M	
PB		00:44.28	
		00:44.28	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:2, starttime: 20:11
Heat: 2/8 Lane : 5 Athlete: VANSTRAELEN JULIAN			Q-time: 00:36:29
PB (25m pool): 00:36.29 Beringen 08/02/2026			PB (50m pool): no time SB: 00:36.29 Beringen 08/02/2026
	2 5 M	5 0 M	
PB		00:36.29	
		00:36.29	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:2, starttime: 20:11
Heat: 2/8 Lane : 6 Athlete: VRANKEN IAN			Q-time: 00:37:21
PB (25m pool): 00:37.21 Beringen 08/02/2026			PB (50m pool): no time SB: 00:37.21 Beringen 08/02/2026
	2 5 M	5 0 M	
PB		00:37.21	
		00:37.21	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 12: 50M FREESTYLE MEN 11+			Heat:3, starttime: 20:12
Heat: 3/8 Lane : 3 Athlete: VERSLUYS JULES			Q-time: 00:34:64
PB (25m pool): 00:34.64 Beringen 16/03/2025			PB (50m pool): 00:35.96 SB: no time
	2 5 M	5 0 M	
PB		00:34.64	
		00:34.64	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:4, starttime: 20:14
Heat: 4/8 Lane : 2 Athlete: PIRARD DRIEK			Q-time: 00:33:10
PB (25m pool): 00:33.10 Beringen 16/03/2025			PB (50m pool): 00:33.46 SB: no time
	2 5 M	5 0 M	
PB		00:33.10	
		00:33.10	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:5, starttime: 20:15
Heat: 5/8 Lane : 5 Athlete: JAMAR KAMIEL			Q-time: 00:30:16
PB (25m pool): 00:30.16 Beringen 16/03/2025			PB (50m pool): 00:28.81 SB: no time
	2 5 M	5 0 M	
PB		00:30.16	
		00:30.16	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:5, starttime: 20:15
Heat: 5/8 Lane : 8 Athlete: THYS VINCE			Q-time: 00:31:17
PB (25m pool): 00:31.17 Hasselt 04/05/2025			PB (50m pool): 00:33.03 SB: no time
	2 5 M	5 0 M	
PB		00:31.17	
		00:31.17	
			

Coach feedback:

Sprintcup KLSVZ: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 12: 50M FREESTYLE MEN 11+			Heat:6, starttime: 20:16
Heat: 6/8 Lane : 2 Athlete: WERY MILAN			Q-time: 00:29:52
PB (25m pool): 00:29.52 Beringen 16/03/2025			PB (50m pool): 00:28.94 SB: 00:29.70 Hasselt 12/10/2025
	2 5 M	5 0 M	
PB		00:29.52	
		00:29.52	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:6, starttime: 20:16
Heat: 6/8 Lane : 6 Athlete: RUYMEN SIEBE			Q-time: 00:29:26
PB (25m pool): 00:29.26 Beringen 08/02/2026			PB (50m pool): 00:30.01 SB: 00:29.26 Beringen 08/02/2026
	2 5 M	5 0 M	
PB		00:29.26	
		00:29.26	
			

Coach feedback:

Event number: 12: 50M FREESTYLE MEN 11+			Heat:7, starttime: 20:17
Heat: 7/8 Lane : 6 Athlete: VANDEPOEL QUINTEN			Q-time: 00:26:85
PB (25m pool): 00:26.85 Hasselt 04/05/2025			PB (50m pool): 00:27.52 SB: no time
	2 5 M	5 0 M	
PB		00:26.85	
		00:26.85	
			

Coach feedback: